

Wakefield SPOKE: Health Promotion Small Grants Evaluation Summary for 2006-2007

Overall Benefits Of The Small Grants Program

- Most of these initiatives would not have happened without Small Grant Process
- Makes funding available to small community groups
- Group feels like it is hitting right target group
- Capacity Building
- Allows community groups to move forward
- Encourages formations of partnerships
- Utilised by a wide variety of community organisations and groups therefore contributing to the health and wellbeing across a wide spectrum of our community
- Process easy to follow – forms easy to complete
- Funding can be accessed in a timely manner – short timeframe for the whole process
- Small amounts of funding can be accessed – often this is all that is required
- Funding can be utilised to complement other resources
- With funding now being held by Wakefield SPOKE, any unspent funding can be carried over into the next financial year

What Could Be Improved For Grant Process?

- Promotion
- More money!!
- This programme has worked extremely well in the Barossa since its inception in 1998. No suggestions for further improvement

Any Suggested Changes In The Form?

- No
- Most applicants have required little or no help to complete the forms
- Reminders are sometimes required for the return of the evaluation forms

Any Other Comments?

- A good process for cross sectorial partnerships
- An excellent avenue to promote PHC
- This has been a highly successful programme in the Barossa and surrounds, with a diverse range of positive outcomes achieved across the whole of our sub-region
- Huge value and benefits have been gained by this community from a very small amount of funding
- Highly recommend that this programme be continues

Name of Project	Organization	Aim of Project	Key comments from evaluation	What was achieved? (outcomes)
Feeling good about yourself	The Station community mental health centre	To increase self esteem and confidence of participants to the workshop	No evaluation was received	
"Where are we now" Brain injury awareness week	NYP Community Health	To raise awareness of issues for people with brain injury in our community, and to celebrate the achievements of people with ABI	Great opportunity for people with ABI to express ideas and tell their story. Opportunity for mutual/peer support	Increased support networks for people in the community with ABI. Inspiration to attendees.
Equipment for novice softball players	Minlaton Softball Club	To encourage more young people to play softball, and to become involved in supportive environment, and reduce costs to families	Gloves and helmets purchased, made it easier on families, gloves could be loaned until can be purchased	Able to encourage increased numbers of players to come and try
"Kick the Butts"	CSP (Caring Supportive People)	To give people with a mental health issue the education to help overcome the habit of smoking.	No evaluation received	
Yorke Peninsula Human Services Project	District council of Copper Coast	To create resource folder. To promote increased understanding of services, to identify service gaps.	No evaluation received	
Juniors are our future	Yorke town cricket club	Contribution toward purchase of ball machine to make practice more productive and interesting for participants, to teach better skills and techniques	Children loved the new ball machine, made practice much more fun	Improved skills, practice time utilized much better enjoyment
"Good, bad, better"	YP Women's Network	Contribution to address current negativity regarding difficult seasonal conditions, and promotion of positive outlook for the future	Felt like aim was fully addressed. Was great to see interaction between groups all working towards the same outcome	Improved networks, fantastic speakers, positive feedback from participants
Woodworking opportunities for the disabled	Moonta and districts progress assoc	To provide woodworking opportunities for people with ID in a supportive environment managed by volunteers at the Men's Shed Moonta	No evaluation has been received at this time	
Black Night Performance	Point Pearce Leadership action group	To build cultural pride, identity, and confidence in a group of young aboriginal women, providing a positive experience.	The girls enjoyed the night, and the opportunity to meet with other young aboriginal people and artists	Improved networks, increased confidence for participants. Opportunity to develop stronger relationships
Regional safety & hygiene expo. 2007 safe work week	SA Age care industry OH&S Advisory committee	Aim to provide target group with education and access to the latest range of equipment information and services to promote workplace safety	EXPO Will be staged 24 th Oct 2007. Then evaluation will be provided	
Challenging behaviour and behaviour management	SNYP Inc. (Special needs Yorke Peninsula)	To provide information and assistance to parents, care workers, teachers etc of people who deal with challenging behaviours	Evaluation to follow	

workshop				
Coming Together Directory	LHN	To provide opportunity for services working with children 0-6 & their families to liaise more closely	Willingness to be involved by both NGO's & Government agencies	Sustainable directory & network lunch
Health Lifestyles Fair	Hamley Bridge School	To increase awareness of school activities and to allow students to showcase their abilities to families. To increase awareness of health living		
Seasons for Growth	Vineyard Lutheran School	To help students who have dealt with the loss of a parent or significant other through death or divorce or by changing schools		
Community Breakfast for the Drought	Hallet Unit – SES	To bring Community together because of the impact of the drought – crops failed, jobs lost, increased debt	Attendees asked many questions re govt. help. Attendees talked about crop loss. Left food & drink were given to needy families	Community breakfast with guest speakers. Needy families assisted raising community spirit.
Community Picnic	Wakefield Regional Council	Social inclusion of Chinese community recently arrived in Australia	Chinese valued support received. Cultural exchange small partnerships & networks established with local community.	A community picnic with Chinese migrants from Pt Wakefield to welcome them to our community
Brinkworth Linear Park	Brinkworth Progress Association	To encourage more people to take up walk, leading to a healthier community by providing a safe & attractive walking route		
Clare Rural Women's Gathering	Clare Positive Futures	To inspire, motivate and mentor rural women		
Balaklava Community Shed	Balaklava Area Committee	To provide a venue for older men & women, younger people with a disability and / or living with a mental illness, who are isolated or homebound that is safe, creative and supportive		
Eat My Shorts	LNH	To raise young people's awareness of mental health issues		
Open Forum with Aged Rights Advocacy Service & Telecross	CHAP	To inform frail elderly & carers of services available in rural settings		
Pool Vacuum Repairs	Hamley Bridge Swimming Pool Inc.	To repair pool vacuum so that pool can be kept clean & of a safe & healthy standard		
Head to Head	Clare Primary School	To provide head lice treatment at a low cost or free to families		
Riverton Teen	Riverton Community	To provide a safe environment for teenagers of all		

Lounge	Management Committee	backgrounds		
Heading for Healthy Food Choices	Watervale Primary School	Raise awareness for students & families about the strong link between good nutrition, learning & wellbeing		
A celebration of local women's creativity	LNH	Greater recognition by local community of the achievements of female artists, musicians and crafts women	Enjoyed by all	An art exhibition, art supplies, community lunch, special guests & convenor
Caring for Yourself	Northern Carers Network	Raise awareness of carer support so that the needs and wellbeing of carers can be addressed. To assist carers to develop their skills in self care to toward better emotional, physical and social wellbeing.		
Sexual Abuse Support Group	Northside Community Services	To improve self-esteem, reduce associated mental and emotional issues such as anxiety, depression, suicidal and other self-destructive tendencies, anger management, hopelessness, apathy, drug and alcohol abuse and develop new relationship skills such as conflict resolution and communication skills. Flow on of better family functioning.		
Nutrition Program	Ucare Gawler	Through tuition participants will learn sound methods of choosing menus, selecting ingredients, using basic cooking equipment and following recipes to produce successful and nutritious food.		
Suicide Prevention Workshop	Northside Community Services	To enable counsellors to develop personal skills in Suicide Prevention and to be better prepared for dealing with families and individuals in the community facing these issues.		
Healthy Cooking on a Budget	Gawler Community House	To give people the tools and empower them with the knowledge to cook confidently for their families without compromising on nutrition and learn about a variety of foods.		
Skate Australia Streetwise Skate Workshops	Gawler Youth Workers Network	6-18yo girls and boys involved in a community skating activity to get active stay healthy and enjoy freestyle sports in a fun, safe and professionally managed environment toward wellbeing of young people.		
Information Evening for Teachers, Canteen Staff and	Gawler High School and Gawler Health Service	To inform school communities about the services Gawler can provide which will help students and families achieve and maintain wellness. Working together to strengthen		

Parents		partnerships and have a positive influence on wellbeing in the community.		
Stove for GABYS	Gawler and Barossa Youth Services	To enable bulk cooking for large groups in a shorter time.		
Learning Assistance Program	Evanston Primary School	Volunteering 1:1 with students to build self-esteem. Reception to Y7		
Bub Hub	Gawler Health Service	Establishment of a new group to support higher need mothers and their babies to meet new people and develop social supports. An avenue for learning and creating environment for raising questions or concerns in relation to caring for their baby.		
Boys Health and Wellbeing	Gawler Health Service	To improve the social and emotional resilience of students, in particular boys, to deal with stress and conflict through the acquisition of new skills around self-esteem, team building and anger management		
Fatherhood Course	Gawler Health Service	To implement and run 6 week course for fathers at stages in their parenting including those about to become a parents. To provide support and education and promote growth through self reflection and emphasise the role dads play in the lives of their children and assist fathers in developing their parenting style.		
Comfort Station Information	Gawler Health Service	To increase community awareness of easy and applicable health lifestyle choices and of Community Services at Gawler Health Service.		
Christmas Day for Play	Gawler Health Service	To provide a welcoming environment to all young families in Gawler to enjoy a day of fun activities at no cost. Significant number of disadvantaged families, important to educate, encourage and support families to support their children's social, emotional and developmental needs.		
Just Walk It	Barossa Health	Decrease risk of chronic disease by improving cardiovascular status, risk of diabetes, osteoporosis & general wellbeing	The best response for this program came from the advertisement in the local paper	More local people have been recruited to walk &organise self-sustaining groups
Succession/Estate planning for carers of people with disabilities	Disabilities SA/Barossa Enterprise	General & Legal info to consider when planning for the future of Children with Disabilities		

Family Fun Sessions	Lutheran Community Care	Encourage parents to set time aside for the family each week	Run sessions in warmer weather & promote in local newspaper	Fun & laughter was had by those participating. Receiving info on what to do with time& ways to set time for the family
Kapunda Farm Fair	Kapunda Farm Fair Barossa SPOKE sub-committee	Interactive colourful display to inform members of the community about services available in their area	Start signs & a path to follow would be better next time	Show bags, Interactive activities and giveaways worked well
Play in the Shade	Bower Progress Association	Provide shade for children, supervising adults & community members to utilize facilities in play & surrounding area	Project not complete	Community is benefiting from the improvements that have been completed to date
Try Tai Chi	Robertstown & Districts Community	Promote holistic health & wellbeing in the community	Participants enjoyed time with others, as did their bodies from the health benefits Tai Chi promotes	More people attended than expected, creating interest for lessons in future
Barossa Regional Expo	Barossa & Districts Older Persons Liaison Committee	Provide member of the community with service, equipment and resource information	Great team effort from service providers in the community	Representatives from 17 agencies that provide services to older people in the community gathered to share information and inform others of services
Therapeutic Dance and Movement	Carers link Barossa & Districts Inc	Develop body awareness and positive body image. Sensory integration and movement range, language and abilities	Suggestion: more sessions would be of a greater benefit to those participating	Good results for children and adults with Autism Spectrum Disorders
Design Sewing and Marketing	Carers Link	Build self-esteem, self confidence by engaging in life skills	This program has great potential to be implemented elsewhere	All the young people involved gained skills and self confidence as did the volunteer running the program
Promoting fitness and healthy lifestyles	Greenock Primary School	Inspire and motivate students to be active and lead healthier lifestyles	NA	NA
Social Emotional Wellbeing Survey	Eudunda Area School	Provide baseline data of students health and wellbeing	NA	NA
National Child Protection Week	Barossa domestic Violence Action Group	Increase awareness of the impact of abuse on children, individuals and families in DV situations	Eval due Nov	NA
Families Breastfeeding returning to work	Friends of child and youth health	Increase employers and parents knowledge and awareness as to the benefits of continuing to breastfeed when returning to work	NA	NA